**Preseason Training & Scrimmages**

PRESEASON TRAINING – players wear gray training shirt or any gray t-shirt **Goal Keeping Training: 6pm to 7pm Chris Caulker**

**Tuesday 8/14/18, Wednesday, 8/15/2018, and Thursday 8/16/18:**

**5:30pm to 7:30pm** 08, 07, 06, 05 Boys (field 7) and Girls (field 8) **7:00pm Fitness run by Coach Eber**

BOYS: Eber, Patrick, Brandon, Lahai, Christian, DJ GIRLS: Marie, Jimmy, Chris, Alex, Nicole, Joe, Sydney, Marco

**Tuesday 8/14/18, Wednesday, 8/15/2018, and Thursday 8/16/18:**

**7pm to 9pm** 04, 03. 02. 01/00 Boys (field 7) and Girls (field 8) **8:30pm Fitness run by Coach Carl**

BOYS: Carl, KC, Bill, Dennis, Zach, Mike GIRLS: Hans, Eber, Patrick, Vince Marc, Brian

PRESEASON SCRIMMAGES – players wear white jerseys, blue shorts, white socks and bring blue jerseys.

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| SATURDAY, 8/18 | Opponent | Time | Field | SUNDAY, 8/19 | Opponent | Time | Field |
| 08 CCL - Ken | 07 CCL - Ken | 9:00 | 7 | 04B CCL - Eber | Barca | 9:00 | 7 |
| 08G CCL II - Marco | Culpeper | 10:15 | 7 | 05B CCL - Patrick | Barca | 10:30 | 7 |
| 08B CCL II - Christian | South County | 11:30 | 7 | 05G CCL II - Bill | Stafford 05 | 12:00 | 7 |
| 07B CCL II - Brandon | South County | 12:45 | 7 | 02G CCL II - Brian | Stafford 02 | 1:30 | 7 |
| 08G CCL - Joe | SYC | 2:00 | 7 | 04G CCL II - Jimmy | Stafford 05 | 3:00 | 7 |
| 07G CCL - Nicole | SYC | 3:15 | 7 | 04B CCL II - Mike | 05BCCL II - DJ | 4:30 | 7 |
| 07G CCL II - Sydney | Culpeper | 4:30 | 7 |  |  |  |  |
|  |  |  |  |  |  |  |  |
| SATURDAY, 8/18 | Opponent | Time | Field | SUNDAY, 8/19 | Opponent | Time | Field |
| 06B CCL - Eber | 05B CCL II - DJ | 9:00 | 8 | 02G CCL - Patrick | 01G CCL Hans | 9:00 | 8 |
| 00G NCSL - Brian | 01G CCL -Hans | 10:30 | 8 | 04G CCL - Eber | 05 CCL Chris | 10:30 | 8 |
| 06G CCL - Marie | Culpeper | 12:00 | 8 | 03B CCL - Carl | WVSC 02Blue | 12:00 | 8 |
| 03G CCL II - Patrick | Culpeper | 1:30 | 8 | 02B CCL - Carl | Alexandria | 1:30 | 8 |
| 06G CCL II - Jimmy | Culpeper | 3:00 | 8 | 01/00B CCL - Carl | Alexandria | 3:00 | 8 |
| 06B CCL II - Brandon | WBSC 06 | 4:30 | 8 | 02/01B CCL II - Bill | Stafford 02 | 4:30 | 8 |

\*\*Teams were scheduled based on opposing teams’ availability for the weekend